



# BENGALS YOUTH FOOTBALL & CHEERLEADING



# FOOTBALL CHEERLEADING AGES 5-18



The cheerleading program focuses on building upon the fundamentals of cheerleading, where cheerleaders also learn the value of cooperation, self-confidence and respect. They support the football players by cheering at games and compete in competitions as a squad.

- Squad make-up based on age and ability
- Season runs from late July through November, roughly 7/24 - 11/15
- Practices are 2 hours, 2 nights per week, days and times determined by coaching staff
- Sideline cheering for games is ~2 hours; 4 home & 4 away games
- Squads compete in 2 competitions (fun & local), as many as 5 if they advance (states, regionals, nationals)



## REGISTRATION IS OPEN!

- \$175 - Early Registration 5/9 - 6/30
- \$200 - Regular Registration 7/1 - 7/24
- \$300 - Late Registration After 7/25

*Per Family Maximum is \$400 | Limited Scholarships Available*

- 🏈 Pre-Season Jamboree Game (Sideline Cheer)
- 🏈 8 Regular Season Games (Sideline Cheer)
- 🏈 Football Playoffs (record dependent)
- 🏈 2-5 Cheer Competitions (placement dependent)
- 🏈 Uniform, Pompoms

*Parents supply white socks, hair bow (\$~10) and cheer sneakers ~\$40. Warm-ups are optional (~\$45)*

## PARENTAL COMMITMENTS

- Fundraising: Required to sell 10 raffle tickets (\$10 each) by September 15th
- Volunteering: Required to volunteer for 2 hours per season (Ex: Fundraising Events, Competitions)
- Equipment: In-season care & cleaning, prompt return of equipment post season
- Paperwork: Payment, original birth certificate and 2023 physical required to receive uniform

**For Questions Contact**  
aslbenegals.president@gmail.com

**Registration Link**  
www.ASLBengals.com